



## RESIDENTS BREAKFAST MENU

8.00am - 10.00am Mon - Fri & 9am - 10.30am Saturday & Sunday

### Beverages

Orange or apple juice from the buffet table

A pot of English breakfast tea or regular or decaffeinated coffee

### From the table

Cereal – Alpen, fruit & fibre, cornflakes and crunchy nut cornflakes, homemade granola and a selection of seeds, nuts and dried fruits

Freshly baked croissants and Danish pastries, a selection of fresh fruit and yoghurts

### From the kitchen

(gluten free bread available on request)

A choice of toasted white or brown bloomer with butter and a selection of preserves

Eggs - Scrambled or poached eggs on toast (gluten free bread available on request)

Full English breakfast – One locally made pork & leek English sausage, two slices of cured bacon, baked beans, grilled tomato, sauteed mushrooms, hash brown, fried bread & two fried eggs

Vegan English breakfast – Vegan sausage, grilled tomato, hash brown, baked beans, fried mushrooms, spinach & fried bread

Toasted English muffin - Toasted muffin topped with smashed avocado, two poached eggs & grilled tomato

Eggs Benedict - Toasted muffin topped with two poached eggs, cured bacon & topped with warm hollandaise sauce

Grand Royale - Toasted muffin with two poached eggs, smoked salmon, hollandaise sauce & peppery rocket