

EARLY MORNING MENU

Served 8am - 11am Mon - Fri & 9am - 11am Sat & Sun

Buffet table -

A visit to our breakfast buffet table for cereal, fresh fruit, croissant, pain au chocolate, plain or fruit yoghurt and a glass of fruit juice £8

Toast & breads -

Two slices of Grace's Bakery brown or white bloomer with a selection of preserves £4 (gluten free bread available on request)

Eggs -

Scrambled or poached eggs on toast £7 (gluten free bread available on request)

Full English breakfast -

One locally made pork sausage, two slices of cured bacon, baked beans, grilled tomato, sauteed mushrooms, hash brown, fried bread & two fried eggs £11 (gluten free bread available on request)

Vegan English breakfast -

Vegan sausage, grilled tomato, hash brown, baked beans, fried mushrooms, spinach & fried bread £10 (gluten free bread available on request)

Toasted English muffin -

Toasted muffin topped with smashed avocado, two poached eggs & grilled tomato £8 (gluten free bread available on request)

Eggs Benedict -

Toasted muffin topped with two poached eggs, cured bacon & topped with warm hollandaise sauce £9 (gluten free bread available on request)

Grand Royale -

Toasted muffin with two poached eggs, smoked salmon, hollandaise sauce & peppery rocket £10 (gluten free bread available on request)



NEW BRUNCH DISHES SERVED UNTIL 12pm Monday - Saturday

Full English breakfast -

One locally made pork sausage, two slices of cured bacon, baked beans, grilled tomato, sauteed mushrooms, hash brown, fried bread & two fried eggs £11 (gluten free bread available on request)

Vegan English breakfast -

Vegan sausage, grilled tomato, hash brown, baked beans, fried mushrooms, spinach & fried bread £10 (gluten free bread available on request)

EARLY MORNING MENU HOT BEVERAGES

The I.O.W Espresso Co. is the Island's leading supplier of hand roasted artisan coffee. Demand for their "Island Roasted" coffee has grown considerably, and in 2013 the first of two larger commercial roasters were put into production at their roastery in Newport on the Isle of Wight. In 2014 their "Island Roasted" coffee was awarded Wight Marque status, a scheme to highlight products that are genuinely produced on the Island.

Espresso £2.50. Double Espresso £4.25

Regular coffee with milk £2.60 Large £3.65

As above but with cream £2.70 Large £3.75

Cappuccino £2.80 Large £3.85

Flat White £3.60 Macchiato £2.60

Latte £2.95 Mocha £3.55

Hot Chocolate J3.10 with marshmallows and cream for £3.75 $\,$

Pot of Dorset Blend Tea £2.40

Earl Grey & Specialist Teas £2.50

In a hurry? Bacon or sausage sandwich and a regular tea or coffee to take away only £7.50