

# Monday - Thursday lunchtimes

## (Pre reserved tables only)

### Starters

Seasonal soup of the day with locally baked bread  
(*Gluten free bread available*)

Crisp fried black pudding bon bons served with our own  
barbeque sauce (*Gluten free*)

Balsamic roasted tomato and red onion tartlet  
topped with goat's cheese

Spiced cod fish cakes with coriander vinaigrette  
**(January healthy option)** (£1.50 supplement)

### Mains

Pan fried chicken breast with new potatoes, fine beans and a  
mushroom and marsala cream sauce (*Gluten free*)

Slow cooked beef and root vegetable stew with locally baked  
bread (*Gluten free bread available*) (£2.50 supplement)

Fillet of seabass with stir fried vegetables and green pesto  
(*Gluten free*) **(January healthy option)** (£1.50 supplement)

Tagliatelle of garlic roasted butternut squash and green  
beans with a sage and black pepper cream sauce  
and shaved parmesan

### Desserts

Chocolate brownie served with vanilla ice cream and  
chocolate sauce (*Gluten free*)

The Fishbourne's cheesecake  
(please see specials board for today's flavour)

French fruit tart with low fat pastry cream  
**(January healthy option)**

LOW cheese and biscuits (£3.50 supplement)  
(*Gluten free option available*)

**2 courses - £14.95 per person,  
buy one get one FREE**

**3 courses - £19.95 per person,  
buy one get one FREE**

**Why not enjoy your meal with our special  
offer "Two for One" wine - Blanco or Rosso,  
normal price £19.99, 'Two for One'  
customer special £9.95**

TWO FOR ONE

