

THE FISHBOURNE

APPETISERS & LIGHT BITES

Crab, avocado and Isle of Wight tomato tian, black olive crumb, split dill and lemon dressing £8 (*gluten free*)

Warm confit lamb, cumin carrot remoulade, mint and coriander dressing, crispy capers £8 (*gluten free*)

Isle of Wight Distillery's Mermaid gin cured salmon, fennel and grapefruit salad, watercress, lemon dressing £8 (*gluten free*)

Seared scallops, pea puree, bacon, Isle of Wight asparagus, peas à la Francaise £9 (*gluten free*)

Tempura of halloumi, harissa mayonnaise, fresh coriander, spring onion and chilli salsa £7 (*vegetarian*)

Today's seasonal soup with locally baked bread and butter £6.5 (*vegetarian*)

PUB CLASSICS

Catch of the day in our ale batter, triple cooked chips, crushed peas, our own tartare sauce £14 smaller appetite £8 (*gluten free*)

Hand carved, honey roast ham, triple cooked chips, 2 Brownrigg Farm fried eggs £13.5 smaller appetite £7 (*gluten free*)

Isle of Wight butcher's sausages, whole grain mustard pomme purée, caramelised red onion jus £13.5 smaller appetite £7

Whole-tail scampi, triple cooked chips, peas, our own tartare sauce £13.5 smaller appetite £7

6oz Isle of Wight beef burger, melting Isle of Wight Blue cheese, crispy bacon, toasted brioche bun and fries £14

6oz Isle of Wight reared rump steak, grilled tomatoes and mushrooms, triple cooked chips, watercress £14 (*gluten free*)

8oz ribeye steak, grilled tomatoes and mushrooms, triple cooked chips, watercress £21.5 (*gluten free*)

MAIN COURSES

Pan fried duck breast, orange braised chicory, boulangère potatoes, purple sprouting, orange jus £17 (*gluten free*)

Crispy tempura squid, crab, squid ink risotto, roasted tomatoes, chorizo, garlic and chilli butter £16.5 smaller appetite £9 (*gluten free pasta available on request*)

Moules marinière, Thai green curry spiced mussels or moules à la crème, fries, locally baked bread £15 smaller appetite £8 (*gluten free bread available on request*)

Pan fried seabass fillets, spiced avocado purée, roasted gnocchi, broad bean, tomato and samphire fricassee, lemon oil £16.5 (*gluten free*)

Pan fried chicken breast, Isle of Wight Blue cheese pomme purée, charred baby onions, kale, chicken jus £16 (*gluten free*)

Roasted cauliflower fondant, spiced chickpeas and coriander & mint hummus £14 (*vegan and gluten free*)

SIDES

Triple cooked chips £3.5 (*gluten free*)

Fries £3.5 (*gluten free*)

Seasonal vegetables £3.5 (*gluten free*)

Peppercorn sauce £3 (*gluten free*)

Garlic butter £2.5 (*gluten free*)

Garlic bread £4.5

DAILY CHEF'S SPECIALS

The Fishbourne has a range of daily changing specials that are created by our team of chefs, please ask your host for today's choices

SPRING MENU 2021

DESSERTS

Crispy riz au lait, confit pineapple, lemon sorbet £6.5 (*gluten free*)

Classic sticky toffee pudding, butterscotch sauce, vanilla ice cream £7

Choux buns filled with orange curd, topped with chocolate £7

Brulée lemon tart, raspberry coulis, raspberry sorbet £6.5

The Fishbourne cheese board- Isle of Wight Blue, Isle of Wight Soft and Gallybagger with crackers, our own apple and Isle of Wight ale chutney £9

Isle of Wight Ice Cream Company Ice creams and sorbets – vanilla, strawberry, chocolate, coconut, coffee, mint choc, mango sorbet, lemon sorbet £2.25 per scoop

LUNCHTIME SANDWICHES & BAGUETTES

Available 12.00 - 14.30hrs Mon - Fri,
12.00 - 18.00hrs Sat & Sun

Cured salmon, cucumber, lemon and dill crème, fresh rocket 8.5

Crab dressed lightly in lime mayonnaise, sliced avocado, seasonal leaves £9

Roast beef, horseradish cream, dressed watercress £8

Honey roast ham, whole grain mustard mayonnaise, seasonal leaves £8

Isle of Wight sausage, caramelised red onion marmalade, rocket £8

Chickpea hummus, sliced tomatoes, fresh chilli, toasted cashew nuts £7.5 (*vegan*)

All our sandwiches are served with salad and coleslaw with a choice of white or wholemeal locally baked bread or white baguette
(*gluten free bread available on request*)

SUNDAY LUNCH

Available 12.00 - 17.00hrs

Every Sunday enjoy a roast with a choice of two meats, a selection of seasonal vegetables and accompaniments.

Small Appetite £9

Standard £13

Large £16

ALLERGY INFORMATION

Please make a member of staff aware of any allergens that you may suffer from prior to ordering. If you require specific dish information please feel free to ask. Some dishes can be changed subject to ingredients and timescales.

THE FISHBOURNE
FISHBOURNE, PO33 4EU

www.thefishbourne.co.uk

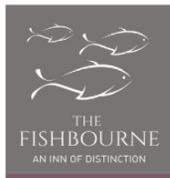
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