

6oz beef burger with melting apple wood smoked cheddar and bacon served in a toasted brioche bun with our own BBQ sauce, fries and dressed salad £13.95

Spiced chicken, chorizo and apple wood smoked cheddar burger served in a toasted brioche bun with mayonnaise, fries and dressed salad £12.95

10oz rump steak £18.95

8oz Sirloin steak £19.95

5oz rump steak £11.95

All served with grilled tomato, mushrooms, buttered corn on the cob, battered onion rings and fries (gluten free)

Add peppercorn sauce £2.95

Add melting IOW blue cheese £3.25

Add melting garlic and herb butter £1.95

Add three garlic pan fried crevettes for a surf and turf option £4.25 (All gluten free)

## SEASONAL MAINS

Pan fried chicken breast with sautéed new potatoes, chorizo, wild mushrooms and spinach served in a marsala reduction £13.50 (Gluten free)

Pan fried duck breast, lyonnaise potatoes, baby carrots and cavolo nero served with a port glaze £15.95 (Gluten free)

Lamb chump, roast garlic and rosemary mashed potatoes, balsamic roast IOW plum tomatoes, asparagus and mint sauce £16.50 (Gluten free)

Grilled fillet of Hake with Mediterranean vegetables, parmentier potatoes and diced chorizo £13.95 (Gluten free)

Whole fish of the day topped with garlic and caper butter served with asparagus and new potatoes £15.95 (Gluten free)

Wild mushroom and spinach tagliatelle in a cream sauce with pesto and Parmesan shavings £12.95  
(Vegetarian option without Parmesan)

Mixed bean chilli served with wild rice and tortilla chips £11.95  
(gluten free, vegetarian and vegan)

## SALADS

Cajun spiced sirloin steak, sautéed new potato and IOW plum tomato salad served with locally baked bread £14.95  
(Gluten free bread available)

Smoked salmon, peeled prawns, capers and citrus dressing served with locally baked bread £12.95  
(Gluten free bread available)

Sundried tomato, olive, marinated artichoke and little gem lettuce served with focaccia bread £10.95  
(Vegetarian and vegan. gluten free bread available)

## SIDE DISHES

Portion of celery salted steak cut chips £3.50  
Add cheddar £1.00  
(Gluten free)

Paprika sea salted sweet potato fries £3.75 (Gluten free)

Battered onion rings £3.00 (Gluten free)

Dressed mixed leaf salad £2.95 (Gluten free)

Fresh buttered vegetables of the day £2.95 (Gluten free)

Garlic ciabatta bread £3.00 add cheddar £1.00

## TO FINISH

Pimm's jelly, berries and fresh mint £5.75  
(Gluten and dairy free)

Lemon tart served with fresh fruit and berry coulis £5.75

White chocolate and passion fruit crème brulee served with shortbread biscuit £5.75 (Gluten free without shortbread)

Chocolate brownie with IOW salted caramel ice cream and chocolate sauce £5.75 (Gluten free)

The Fishbourne cheesecake £5.75  
(please see today's specials for flavour of the day)

Summer fruit salad £4.75 (*gluten free and vegan*)

Selection of IOW Blue, Soft and Gallybagger cheeses with onion and port chutney, grapes, celery and a selection of biscuits £8.95

Selection of IOW ice creams - £1.95 per scoop

Ventnor vanilla, Shanklin strawberry, Cowes chocolate ripple, Mottistone mint choc chip, Carisbrooke coffee, Hulverstone hazelnut crunch, Whippingham white chocolate and raspberry or a Luccombe lemon sorbet

## LUNCHTIME SANDWICHES, CIABATTAS & PLOUGHMAN'S

(Available everyday between 11am & 6.00pm)

Cheddar and pickle £7.25

Hand-picked crab meat and dill mayonnaise £9.25

Tuna mayonnaise and sliced red onion £7.95

Smoked salmon, prawns and a citrus and chive cream cheese £8.75

Ham and Dijon mustard mayonnaise £7.75

Bacon, IOW cheese company "brie" and cranberry £8.50

Red pepper hoummus, sundried tomatoes and olives £7.25

All sandwiches and ciabattas served with a dressed mixed leaf salad and root vegetable crisps

The Fishbourne ploughman's lunch - hand carved ham, IOW blue, soft and gallybagger cheeses, pickled onion, gherkin, apple, dressed mixed leaf salad, pickle and locally baked bread £12.95

We also have **Gluten free** sliced white and brown bread available for all sandwiches

## APPETISERS & LIGHT BITES

Pan fried wild mushroom and toasted pine nut bruschetta with dressed rocket and port glaze £6.95  
(*Vegan, vegetarian and gluten free bread available*)

Spinach and ricotta croquettes served with dressed salad £5.95 (*Vegetarian*)

Caprese salad of tomato and mozzarella topped with fresh basil, balsamic glaze, IOW rapeseed oil and served with locally baked bread £6.50  
(*vegetarian, gluten free bread available*)

Smoked mackerel pate, pickled cucumber ribbons and toasted locally baked bread £6.50 (*Gluten free bread available*)

Spiced breaded chicken goujons served with sweet chilli sauce £7.25

Deep-fried whitebait served with a dressed salad and dill mayonnaise £6.50 (*Vegetarian*)

Bowl of shell-on prawns and dressed salad served with locally baked bread £7.50 (*gluten free bread available*)

## PUB FAVOURITES

Trio of IOW butcher sausages, creamed mashed potatoes, peas and red onion gravy £12.25 smaller appetite £7.95

Battered cod with steak cut chips, peas and our own tartare sauce £12.50 smaller appetite £7.95 (*Gluten free*)

Whole tail scampi, peas, Fishbourne's skin on chips and our own tartare sauce £11.95 smaller appetite £6.95

Hand carved ham, two butter fried Brownrigg Farm eggs, peas and fries £11.95 smaller appetite (hand carved ham, fries and one egg) £6.95 (*Gluten free*)

Fishbourne's fisherman's pie of smoked haddock, cod, salmon and prawns, served with a dressed salad and locally baked bread £14.25