

Breaded chicken, chorizo and apple wood smoked cheddar burger served in a toasted brioche bun with mayonnaise, fries and dressed salad £12.95

10oz rump steak served with grilled tomato, mushrooms, buttered corn on the cob, battered onion rings and fries £18.95 5oz steak £10.95 *(Gluten free)*

Add peppercorn sauce £2.95  
Add melting IOW blue cheese £3.25  
Add melting garlic and herb butter £1.95  
Add three garlic pan fried crevettes for a surf and turf option £5.25 *(All gluten free)*

### SEASONAL MAINS

Honey, Dijon mustard and garlic marinated chicken breast with buttered new potatoes and spring asparagus £13.50 *(Gluten free)*

Pan fried duck breast, dauphinoise potatoes, baby carrots and calovo nero served with a port glaze £14.50 *(Gluten free)*

Herb and breadcrumb crusted rack of lamb, roast garlic and rosemary mashed potatoes, purple sprouting broccoli and red wine jus £15.95

Grilled fillet of seabass with Mediterranean vegetables, parmentier potatoes and chorizo £13.95 *(Gluten free)*

Baked smoked cod loin served with a citrus and IOW crab meat risotto £13.50 *(Gluten free)*

Seafood linguine of prawns and smoked salmon in a white wine cream sauce with a fillet of smoked haddock and garlic ciabatta £13.95 *(Gluten free pasta and bread available)*

Wild mushroom and spinach linguine in a cream sauce with pesto and parmesan shavings £12.95 *(Vegetarian, gluten free pasta available)*

Mixed bean chilli served with wild rice and tortilla chips £11.95 *(Vegetarian and vegan)*

### SALADS

Chinese 5-spice duck breast with cucumber, spring onions, pomegranate and locally baked bread £12.95 *(Gluten free bread available)*

Smoked salmon, IOW crab meat, capers and citrus dressing served with locally baked bread £12.95 *(Gluten free bread available)*

Sundried tomato, olive, marinated artichoke and little gem lettuce served with focaccia bread £10.95 *(Vegetarian and vegan. gluten free bread available)*

### SIDE DISHES

Kalamata olives and focaccia bread served with balsamic vinegar and IOW rapeseed oil £5.75 *(Vegetarian)*

Fishbourne's own celery salted skin on chips £3.50 add cheddar £1.00 *(Gluten free)*

Paprika sea salted sweet potato fries £3.75 *(Gluten free)*

Battered onion rings £3.00 *(Gluten free)*

Dressed mixed leaf salad £2.95 *(Gluten free)*

Fresh buttered vegetables of the day £2.95 *(Gluten free)*

Garlic ciabatta bread £3.00 add cheddar £1.00

### TO FINISH

Pear and rhubarb oat crumble with custard £5.75

Lemon tart with raspberry sorbet and fruit coulis £5.75

White chocolate crème brûlée served with shortbread biscuit £5.50

Chocolate brownie with IOW salted caramel ice cream and chocolate sauce £5.75 *(Gluten free)*

The Fishbourne cheesecake £5.75  
(please see today's specials for flavour of the day)

Selection of IOW Blue, Soft and Gallybagger cheeses with onion and port chutney, grapes, celery and a selection of biscuits £8.95

Selection of IOW ice creams - £2.25 per scoop

Ventnor vanilla, Shanklin strawberry, Cowes chocolate ripple, Mottistone mint choc chip, Carisbrooke coffee, Hulverstone hazelnut crunch, Whippingham white chocolate and raspberry or a Luccombe lemon sorbet

## LUNCHTIME SANDWICHES, CIABATTAS & PLOUGHMAN'S

(Available everyday between 11am & 6.00pm)

Cheddar and pickle £7.25

IOW hand-picked crab meat and dill mayonnaise £9.25

Tuna mayonnaise and sliced red onion £7.95

Smoked salmon, coldwater prawns and a citrus and chive cream cheese £8.75

Ham salad and Dijon mustard mayonnaise £7.75

Pulled pork, apple sauce and crispy sage leaves £9.50

Red pepper hummus, sundried tomatoes and olive £7.25

All sandwiches and ciabattas served with a dressed mixed leaf salad and root vegetable crisps

The Fishbourne ploughman's; hand carved ham, IOW blue, soft and gallybagger cheeses, pickled onion, gherkin, apple, dressed mixed leaf salad, pickle and locally baked bread £12.95

We also have **Gluten free** sliced white and brown bread available for all sandwiches

## APPETISERS & LIGHT BITES

Seasonal soup of the day with locally baked bread £5.95  
(Gluten free bread available)

Chicken liver and bacon bruschetta with dressed rocket and port glaze £6.50 (Gluten free bread available)

Pulled pork croquettes, celeriac puree and apple sauce £7.25

Breaded and deep-fried whitebait with a dressed salad and dill mayonnaise £5.95

IOW crab meat, fennel and orange salad with citrus dressing and locally baked bread £7.50 (Gluten free bread available)

Tomato, kalamata olive and red onion tart topped with crumbled feta cheese and balsamic glaze £6.50 (Vegetarian)

Avocado, grapefruit and spinach salad with toasted pine nuts and focaccia bread £6.25 (Vegetarian and vegan.  
gluten free bread available)

## PUB FAVOURITES

Trio of IOW butcher sausages, wholegrain mustard and chive mashed potatoes, peas and gravy  
£12.25 smaller appetite £7.95

Battered cod with Fishbourne's skin on chips, peas and our own tartare sauce £12.50 smaller appetite £7.95 (Gluten free)

Whole tail scampi, peas, Fishbourne's skin on chips and our own tartare sauce £11.95 smaller appetite £6.95

Hand carved ham, two butter fried Brownrigg Farm eggs, peas and fries £11.95 smaller appetite (hand carved ham, fries and one egg) £6.95 (Gluten free)

Chicken, leek and bacon suet pastry pie served with seasonal vegetables, mashed potatoes and red wine gravy £13.25

6oz beef burger with melting apple wood smoked cheddar and bacon served in a toasted brioche bun with our own BBQ sauce, fries and dressed salad £13.50