

Chicken, bacon and Emmental cheese burger served in a toasted brioche bun with mayonnaise, fries and dressed leaves £12.95

10oz rump steak served with grilled tomatoes, corn on the cob and mushrooms, gluten free battered onion rings and fries £18.95 5oz Steak £10.95 *(gluten free)*

Add peppercorn sauce £2.95
Add melting IOW Blue cheese £3.25
Add melting rosemary and smoked garlic butter £1.95

SEASONAL MAINS

Pan fried chicken breast with sautéed new potatoes, wild mushrooms and chorizo served with marsala glaze £13.50 *(gluten free)*

Confit duck leg with dauphinoise potatoes, braised red cabbage, celeriac puree and red wine gravy £15.95

Grilled Seabream fillet with chorizo, sautéed potatoes, red onion, olives and balsamic glaze £14.50 *(gluten free)*

Baked smoked cod loin served with a citrus and IOW crab meat risotto £13.50 *(gluten free)*

Whole fish of the day topped with a herb and breadcrumb crust, with new potatoes and green beans £14.95

Butternut squash, green bean and sage tagliatelle in a cream sauce with parmesan cheese £11.95 *(vegetarian, gluten free pasta available)*

Potato, coconut and green vegetable curry served with wild rice and mango chutney £11.95 *(gluten free, vegan and vegetarian)*

SALADS

Warm smoked duck breast, pomegranate, beetroot and radish salad £12.95

Smoked salmon, caper and prawn salad with creamed horseradish dressing and locally baked bread £11.95 *(gluten free bread available)*

Sundried tomato, olive, marinated artichoke and little gem lettuce salad served with focaccia bread £10.95 *(Vegan, Vegetarian and gluten free bread available)*

SIDE DISHES

Kalamata olives and warm focaccia bread served with balsamic vinegar and IOW rapeseed oil £5.25 *(Vegetarian)*

Portion of Fishbourne's own skin on chips £ 3.50
add cheddar £1.00
(Gluten free)

Paprika sea salted sweet potato fries £3.75 *(Gluten free)*

Battered onion rings £3.00 *(Gluten free)*

Dressed mixed leaf salad £2.95

Fresh buttered vegetables of the day £2.95

Garlic ciabatta bread £3.00 add cheddar £1.00

TO FINISH

Rhubarb and ginger crème brulee served with shortbread biscuit and berries £5.25

Chocolate and marmalade pot with shortbread biscuit £5.25

Warm chocolate brownie with IOW salted caramel ice cream and chocolate sauce £5.50

Apple and blackberry oat crumble served with custard £5.75

The Fishbourne cheesecake (Please see today's specials for flavour of the day) £5.50

Selection of IOW blue, soft and Gallybagger cheeses served with onion and port chutney, grapes, celery and a selection of biscuits £8.95

Selection of IOW ice creams - £1.95 per scoop
(flavour choices over the page)

Ventnor vanilla, Shanklin strawberry, Cowes chocolate ripple, Mottistone mint choc chip, Carisbrooke coffee, Hulverstone hazelnut crunch, Whippingham white chocolate and raspberry or Luccombe lemon sorbet

LUNCHTIME SANDWICHES, CIABATTAS AND PLOUGHMAN'S

(Available everyday between 11am & 6.00pm)

IOW Gallybagger cheese and pickle £6.95

IOW hand-picked crab meat and dill mayonnaise £8.95

Hand carved ham and Dijon mustard mayonnaise £7.50

Rump Steak, fried red onions and melting IOW blue cheese £9.50

Smoked salmon and prawns in Marie-rose sauce £8.50

Hummus, sundried tomato and olive £6.95

The Fishbourne Ploughman's: hand carved ham, IOW Gallybagger cheese, IOW Soft cheese, IOW Blue cheese, pickled onion, gherkin, apple, dressed salad, pickle and locally baked bread £12.95

We also have **Gluten free** sliced white and brown bread available for all sandwiches

Don't forget to have a look at our specials board with daily changing dishes. And every Sunday there is a roast using local meats and a nut roast option is available.

Please note we use fresh ingredients including dairy items, nuts and gluten products. Fish dishes may contain bones and game may contain shot. If you do have an allergy please ask a member of staff to check with the kitchen as to the suitability of your choice. Detailed information on allergens is available.



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APPETISERS & LIGHT BITES

Seasonal soup of the day with locally baked bread £5.25
(Gluten free bread available)

IOW crab meat, prawn and avocado cocktail with creamed wasabi dressing and locally baked brown bloomer £7.50
(Gluten free bread available)

Grilled smoked mackerel fillet, pickled beetroot and horseradish dressed rocket salad £5.95 (gluten free)

Chicken liver parfait, chutney, dressed salad and toasted locally baked bread £5.95 (Gluten free bread available)

Balsamic roasted tomato and red onion tartlet topped with goat's cheese with dressed rocket £6.95

Wild mushroom, tarragon and toasted pine nut bruschetta drizzled with truffle oil £6.25

PUB FAVOURITES

Trio of IOW butcher sausages, wholegrain mustard and chive mashed potatoes, peas and gravy £11.95 smaller appetite £6.95

Battered cod with Fishbourne's skin on chips, peas and our own tartare sauce £12.50 smaller appetite £7.95 (gluten free)

Hand carved ham, two butter fried Brownrigg farm eggs, peas and fries £11.95 smaller appetite (hand carved ham, fries and one egg) £6.95 (gluten free)

Steak, ale and mushroom suet pastry pie served with seasonal vegetables, mashed potatoes and red wine gravy £13.25

Whole tail scampi, peas, our own tartare sauce and Fishbourne's skin on chips £11.95 smaller appetite £6.95

6oz beef burger with melting Emmental cheese and bacon served in a toasted brioche bun with tomato relish, fries and dressed leaves £13.50